

## C4 COVID Policy

SCENARIO	<u>WHAT TO DO NEXT</u>	<u>CONDITIONS TO RETURN</u>
You test <b>POSITIVE</b> for COVID-19	Stay home and isolate for 5 days and until symptoms are gone <ul style="list-style-type: none"> <li>You may return to the facility if you are asymptomatic or your symptoms are resolving (without fever for 24 hours)</li> </ul>	Doctor's Note  <b><u>OR</u></b>  Proof of a Negative test
You are a <b>CLOSE CONTACT</b> to someone who tested positive for COVID-19	If you are boosted, or received the second dose of the vaccine within the last 6 months (or 2 months if J&J): <ul style="list-style-type: none"> <li>No need to quarantine</li> <li>Wear a mask at all times</li> <li>Get tested on <b>Day 5</b></li> </ul>	Doctor's Note  <b><u>OR</u></b>  Proof of a Negative test
	If you are NOT boosted or vaccinated: <ul style="list-style-type: none"> <li><b>Quarantine for 5 days</b></li> <li>Wear a mask at all times in the facility for 5 days following</li> <li>Get tested on <b>Day 5</b></li> </ul>	

### **KEY DEFINITIONS:**

**Close Contact:** Being within 6ft of an infected person for a single or cumulative period of time (15 minutes or more) within a 24-hour period. And starting from 48 hours prior to illness onset (ie. symptoms or positive test if asymptomatic), regardless of whether you wore a facemask.

**Quarantine:** To separate and restrict the movement of a person who was exposed to COVID-19 in case they become sick. Quarantine helps prevent the spread of disease that can occur before a person knows they are sick or if they are asymptomatic. People in quarantine must stay at home, separate themselves from household members, monitor their health and wear a face mask if they need to be in contact with others.

**Symptoms of COVID-19:** The following symptoms may appear 2-14 days after exposure to COVID-19 with a median time of 4-5 days from exposure to symptoms onset: Fever (100.4 degrees or higher), chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and/or diarrhea.